

| Zeit | Läufe | Weit 1 | Weit 2 | Hoch 1 / 2 | Stabhoch | Kugel |
|-------|--------------------------------|--------|--------|-------------|--------------|------------|
| 10:00 | 60mHü ZE U14 M12/13 | M | W12 | Frauen, U18 | 1,70m-2,90m | MJ U18 |
| 10:10 | 60mHü ZE U14 W12/13 | | | | | |
| 10:35 | 60mHü ZE U16 W14/15 | | | | | |
| 10:55 | 60mHü ZE WJ U18 | | | | | |
| 11:05 | 60mHü ZE U16 M14/15 | | | | | |
| 11:25 | 60mHü ZE Frauen | | | Männer/U18 | | Frauen |
| 11:40 | 60mHü ZE MJ U18 | MJ U18 | | | | |
| 11:50 | 60mHü ZE Männer | | | | 2,90m-3,40m | |
| 12:00 | 60m VL Frauen | | W13 | | | |
| 12:10 | 60m VL WJ U18 | | | | | WJ U18 |
| 12:20 | 60m VL WJ U16 | | | | | |
| 12:45 | 60m VL W12 | | | U14 W12 | | |
| 13:00 | 60m VL W13 | | | | | |
| 13:15 | 60m VL M12 | Frauen | | | | |
| 13:25 | 60m VL M13 | | | | | Männer |
| 13:35 | 60m VL MJ U16 | | | | | |
| 13:55 | 60m VL MJ U18 | | M12 | | 3,40m-4,00m | |
| 14:10 | 60m VL Männer | | | | | |
| 14:25 | <i>*60m VL *Frauen*Männer</i> | | | U14 W13 | | |
| 14:46 | 60m EL Frauen | WJ U18 | | | | U14 M12/13 |
| 14:50 | 60m EL WJ U18 | | | | | |
| 14:54 | 60m EL W14 | | | | | |
| 14:58 | 60m EL W15 | | | | | |
| 15:02 | 60m EL W12 | | | | | |
| 15:06 | 60m EL W13 | | | | | |
| 15:10 | 60m EL M12 | | | | | |
| 15:14 | 60m EL M13 | | | | | |
| 15:18 | 60m EL M14 | | | | | |
| 15:22 | 60m EL M15 | | M13 | U14 M12/13 | | U16 M14/15 |
| 15:26 | 60m EL MJ U18 | | | | | |
| 15:30 | 60m EL Männer | | | | | |
| 15:35 | <i>*60m EL *Frauen*Männer</i> | | | | | |
| 15:50 | 200m ZE WJ U18 | | | | | |
| 16:05 | 200m ZE MJ U18 | W15 | | | 4,00m-4,80m | |
| 16:25 | 200m ZE Frauen | | | | | |
| 16:40 | 200m ZE Männer | | | WJ U16 | | |
| 17:05 | 400m ZE Frauen,WJU18 | | | | | |
| 17:15 | 400m ZE Männer,MJU18 | | W14 | | | U16 W14/15 |
| 17:35 | <i>*800m EL *Frauen*Männer</i> | | | | | |
| 17:45 | 800m ZE U14 W12/13 | MJ U16 | | | | |
| 17:55 | 800m ZE U14 M12/13 | | | MJ U16 | | |
| 18:05 | 800m ZE U16 M14/15 | | | | über 4,80m | |
| 18:15 | 800m ZE U16 W14/15 | | | | | |
| 18:25 | 800m ZE Frauen,WJU18 | | | | | |
| 18:35 | 800m ZE Männer,MJU18 | | | | | |
| 18:45 | 4x100m ZE U16 M/W | | | | Steigerungen | |
| 19:00 | 4x200m ZE Frauen,WJU18 | | | | jeweils+10cm | |
| 19:10 | 4x200m ZE Männer,MJU18 | | | | | |
| 19:15 | <i>*3000m *Männer</i> | | | | | |

M=Männer, MJ=männl.J, F=Frauen, WJ=weibl.J, U18=JG97/98, U16=W15,W14,M15,M14 JG 99/00, U14=W13,W12,M13,M12JG01/02

* = Elitelaufl VL=Vorläufe, EL=Endlauf, ZE=Zeitendlauf (schnellste Läufe zuerst)

Zeitplanänderungen beachten!